

# Shabbat Menu

## July/August-2025



**Order By: Wednesday 10 AM**

### Bin 1

**(Serves 5-6) \$275**

- **Appetizer:** 2 Quarts Soup (same soup or mixed): Watermelon Gazpacho **OR** Roasted Cauliflower Soup
- **Chicken: (6 pieces)** (3) Rustic Herb Rubbed Chicken Thigh (Bone-in) **AND** (3) Herbed Grilled Chicken Breast
- **Vegetable:** Pan Seared Garlic String Beans
- **Starches (2):** Coconut Jasmine Rice, Yellow Rice
- **Sides (5):** Cucumber Dill Salad, Hummus, Moroccan Carrot Salad, Cole Slaw, 3-Color Tomato Salad
- **Dessert:** Parve Chocolate Chip Cookies (6 cookies) *(GF cookies available on request).*

### Veggie Bin 2

**(Serves 5-6) \$290**

- **Appetizer:** 2 Quarts Soup (same soup or mixed): Watermelon Gazpacho **OR** Roasted Cauliflower Soup
- **Protein:** Kofta Impossible - Plant Based Kebabs (8 pieces) **OR** Grilled Tofu Steaks (8 slices)
- **Vegetable:** Pan Seared Garlic String Beans
- **Starches (2):** Coconut Jasmine Rice, Yellow Rice
- **Sides (5):** Cucumber Dill Salad, Hummus, Moroccan Carrot Salad, Cole Slaw, 3-Color Tomato Salad
- **Dessert:** Parve Chocolate Chip Cookies (6 cookies) *(GF cookies available on request).*

### Bin 3

**(Serves 5-6) \$336**

- **Challah + 2 Buns**    • **Grape Juice**
- **Appetizer:** 2 Quarts Soup (same soup or mixed): Watermelon Gazpacho **OR** Roasted Cauliflower Soup
- **Chicken: (6 pieces)** (3) Herb Rubbed Chicken Thigh (Bone-in) + (3) Breast
- **Beef: (6 pieces)** Beef Kofta Kebab
- **Vegetable:** Pan Seared Garlic String Beans
- **Starches (3):** Coconut Jasmine Rice, Yellow Rice, Cranberry Quinoa
- **Sides (5):** Cucumber Dill Salad, Hummus, Moroccan Carrot Salad, Cole Slaw, 3-Color Tomato Salad
- **Dessert:** Parve Chocolate Chip Cookies (6 cookies) *(GF cookies available on request).*

### Big Bin 4

**(Serves 8-10) \$465**

- **2 Challahs**
- **Grape Juice**
- **Appetizer:** 3 Quarts Soup-Watermelon Gazpacho & Roasted Cauliflower Soup (same soup or mixed)
- **Chicken: (10 pieces)** (4) Herb Rubbed Chicken Thighs (Bone-in) **AND** (3) Chili Lime Boneless Chicken Thighs (Pargiyot) **AND** (3) Herbed Grilled Chicken Breast
- **Beef:** (8 slices) Slow-Roasted Caramelized Chuck Roast
- **Vegetable:** Pan Seared Garlic String Beans
- **Starches (3):** Coconut Jasmine Rice, Yellow Rice, Cranberry Quinoa
- **Sides (7):** Cucumber Dill Salad, Hummus, Moroccan Carrot Salad, Cole Slaw, 3-Color Tomato Salad, Chickpea Salad with Parsley, Pan Seared Bell Peppers
- **Fresh Green Salad** with Lemon Vinaigrette
- **Dessert:** Parve Chocolate Chip Cookies (10 cookies) *(GF cookies available on request)*

### Royale Bin 5

**(Serves 8-10) \$545**

- **2 Challahs**
- **Grape Juice**
- **Appetizer:** 3 Quarts Soup-Watermelon Gazpacho & Roasted Cauliflower Soup (same soup or mixed)
- **Chicken: (10 pieces)** (4) Herb Rubbed Chicken Thighs (Bone-in) **AND** (3) Chili Lime Boneless Chicken Thighs (Pargiyot) **AND** (3) Herbed Grilled Chicken Breast
- **Beef:** (8 slices) Slow-Roasted Caramelized Chuck Roast
- **Appetizer Fish:** (8 pieces) - Honey Garlic Salmon
- **Vegetable:** Pan Seared Garlic String Beans
- **Starches (3):** Coconut Jasmine Rice, Yellow Rice, Cranberry Quinoa
- **Sides (7):** Cucumber Dill Salad, Hummus, Moroccan Carrot Salad, Cole Slaw, 3-Color Tomato Salad, Chickpea Salad with Parsley, Pan Seared Bell Peppers
- **Fresh Green Salad** with Lemon Vinaigrette
- **Dessert:**
  - Parve Chocolate Chip Cookies (10 cookies) *(GF cookies available on request).*
  - Parve 6-inch Round Chocolate Cake



**FamilyCulinarian**



**(646) 710-0774**

# Your Plate, Your Way- Menu By Item

Order  
Minimum:  
\$100

Order By: Wednesday 10 AM  
(July-2025)

## Sips & Starters (Serves 2-3)

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*(All soups are sold by the quart and serve 3-4 people).*

- Watermelon Gazpacho  
\$22
- Creamy Cauliflower Soup  
\$22

## The Chicken Chapter (Serves 2-3)

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- Rustic Herb-Rubbed Chicken Thighs (Bone-In)  
\$26 (4 pieces)
- Chili Lime Boneless Chicken Thighs (Pargiyot)  
\$29 (4 pieces)
- Herbed Grilled Chicken Breast  
\$32 (4 pieces)

Order  
Minimum:  
\$100

## The Beef Chapter (Serves 2-3)

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- Beef Kofta Kebabs  
\$35 (6 pieces)
- Slow-Roasted Caramelized Chuck Roast Steak  
\$45 (6 pieces)

# Your Plate, Your Way- Menu By Item

**Order By: Wednesday 10 AM**  
**(July-2025)**

**Order  
Minimum:  
\$100**

## **Ocean's Table** **(Serves 2-3)**

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- Honey Garlic Salmon  
**\$40 (6 appetizer-size pieces)**

## **Meatless Marvels** **(Serves 2-3)**

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- Kofta: Impossible Plant-Based Kebabs  
**\$42 (6 pieces)**

Grilled Tofu Steaks  
**\$26 (8 slices)**

**Order  
Minimum:  
\$100**

## **Rice, Roots & More** **(Serves 3-4)**

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- Coconut Jasmine Rice - **\$17**
  - Yellow Rice - **\$17**
- Cranberry Quinoa - **\$18**
- Garlic String Beans - **\$16**

# Your Plate, Your Way- Menu By Item

Order  
Minimum:  
\$100

Order By: Wednesday 10 AM  
(July-2025)

## Greens & Good Things (Serves 3-4)

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- Cucumber Dill Salad - \$15
  - Hummus - \$15
- Moroccan Carrot Salad - \$15
  - Cole Slaw - \$15
- Three-Color Tomato Salad - \$17
- Chickpea Salad with Parsley - \$15
- Pan-Seared Bell Peppers - \$19
  - Fresh Green Salad  
with Lemon Vinaigrette - \$15

Order  
Minimum:  
\$100

## Sweet Endings

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- Parve Chocolate Chip Cookies  
\$14 (4 large cookies)
- 6-inch, 3 layers - Round Chocolate Cake (Parve)  
\$150 (Serves 8)



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